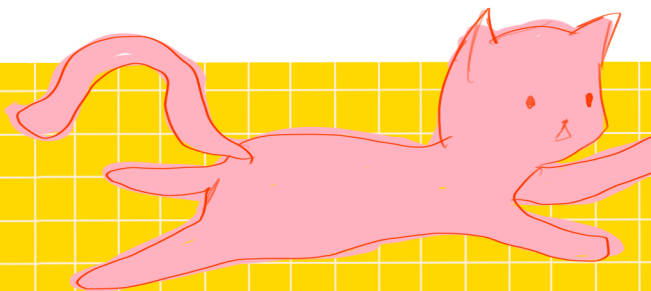


Listless

A Mini Pocket Guide



Listless is a story of old bedspreads as picnic blankets, small town diners, and long car rides. It's that mix of memories from endless childhood summers and adult strategic spontaneity. It's an adventure in food, texture, color, and movement. For the full extent of summer-related nostalgia this booklet contains a set of 4 guidelines for optimal art viewing. None of these items are required, but the hope is that each one would enhance the experience.



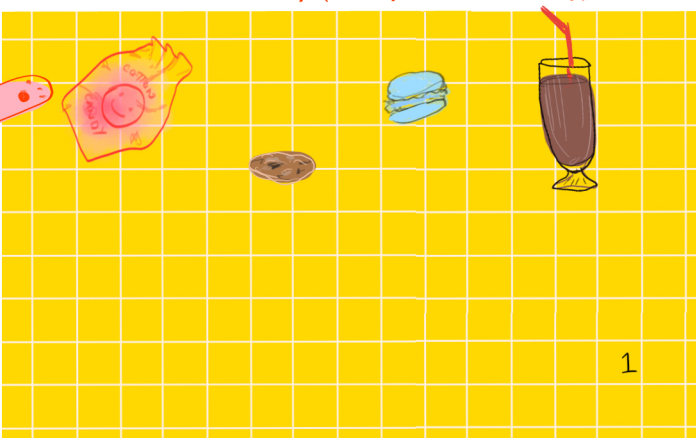
One

[pre-show] Pick up a Treat

Listless is a lot about convoluted memories from vacations mashed together... but also special treats that you buy yourself. If you're able, I recommend picking yourself up something nice. Here's your moment for a choose-your-own-adventure. What type of vacation do you want to go on?

Choose your trip accordingly:

- a CITY TRAVEL:
Macaron (C.H. Patisserie)
- b ROADTRIP/ROADSIDE ATTRACTION:
Malt (The Diner)
- c CAMPING:
S'mores Cookie (Queen City Bakery)
- d FAIR:
Cotton Candy (Candy Cloud Factory)



2

[pre-show/during] List & A Cool Pen

Trips as an adult tend to become more of a balance between the stress of preparedness and the relaxation of the destination. It's a delicate push and pull. This is why *Listless* includes a **full list**.*

This part of the adventure is both practical and not practical at all. It's about the joy and adventure mindset behind the piece.

Child's Play Toys: Get a pen like the one pictured (\$1.99) or a set of gel pens or stickers... Or pick up a fun toy while you're there, too. This part of the prep is all about pure joy.



Zandbroz: If you want to up your list game, check out their journal selection. They also have adventuresome things like binoculars & rock specimens. If you haven't visited since 2019, go to the back to get into exploration mode.

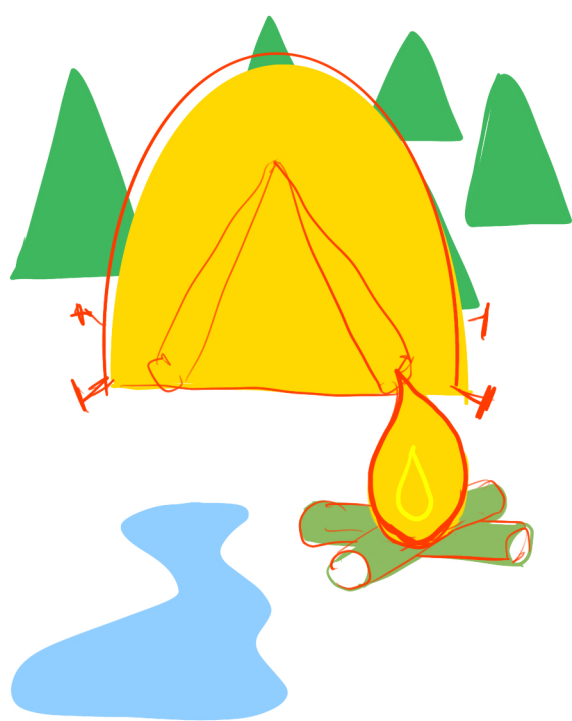
Once you're settled in at the window, use your new items to list the things you need to pack for your next adventure (and now you can color-code the list!). Or you could spend some time checking off what's been packed so far in *Listless*. I'll be packing up a few more pieces randomly throughout the show's duration.

**the full list was curated by a small social survey conducted among friends & family.*

-->

Too many words on page 2?
It's OK TO SKIP 😊

packing list



Eat/Drink/prep

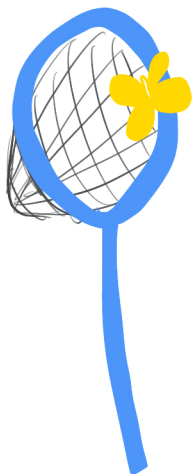
- marshmallows
- burgers
- hot dogs
- bunz
- sandwich stuff
- sausage
- eggs
- beer
- naturdays
- water
- chips
- snacks for car
- 1000 freeze pops (999 will do)
- fixins for s'mores
- condiments (ketchup, mustard)
- percolating coffee maker + coffee
- cooler
- pan for cooking
- cooking oil
- pot for cooking
- ice (more than you think)
- plates
- utensils (tongs, spatula)
- forks/knives/spoons
- can opener
- cups for hot/cold
- aluminum foil

- peppers
- corn
- potatoes
- seasonings
- tofu
- river chicken
- bacon
- tortillas
- cheese



- _____
- _____

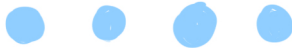
Entertainment



- water guns
- blow up pool
- skyrunner outfit
- toys (ALL THE TOYS)
- big jar to put toads in
- binoculars
- metal detector
- mushroom guide
- bird guide
- world atlas
- lots of barbie clothes
- stuffed animals (3)
- notebook & pen
- ipad (for kids while setting up tent)
- fun lighting
- pool floaties
- paint to paint rocks
- a ball
- kayaks
- butterfly net
- tubes for swimming
- floatie toys for baby
- shovel
- deck of cards
- bubbles
- polaroid camera
- dolls
- _____
- _____
- _____

Clothing

- outfits (number of days + 2)
 - socks (number of days + 2)
 - underwear (number of days x 2)
 - hoodie
 - sandals
 - hiking shoes
 - swimsuit
 - swim shoes
 - sunglasses
 - rain pancho
- _____
 - _____
 - _____
 - _____



Sleeping

- camper
- tent
- stakes
- tarp
- lightweight blanket
- air mattress
- sleeping bag
- pillow pets
- pillow
- _____
- _____
- _____
- _____

Toiletries

- toilet paper
- toothpaste
- toothbrush
- allergy meds
- deodorant
- sunscreen
- bug spray
- soap
- _____
- _____
- _____
- _____
- _____

Extras

- cash
- dish towels
- paper towels
- towel
- natural dishsoap
- dish tub
- twine
- clothespins
- phone charger
- cloth bags
- mesh bags
- plastic bags
- fan
- firewood

-
-
-
-
-
-
-



Tools

- flashlight
- small flashlight
- headlamp
- lantern
- compass
- hatchet
- hammer
- rope
- utility knife
- piece of string
- amethyst
- handdrawn map
- flint/lighter
- kitchen knife
- laundry lint
- matches

-
-



[during show] **Soundscape**
visit
BedtimeAtNine.com

Here you will find sound files. In an ideal world, you'll have uncomfortable airplane headphones or a flimsy pair from the 80's.



If something of this caliber is not available, comfortable headphones, earbuds, or listening aloud on a mobile device will do fine.

I hope you're warmed with a slightly uncomfortable wave of nostalgia, memories of long car rides, and a sweet longing for the gratuitous amount of ennui you may have once felt on long summer days.